

# SNAP - ELIGIBLE FOOD LIST

## For NJ Farms & Markets



### SNAP-Eligible Foods

These items can be paid for using a Families First SNAP/EBT card.

- Fruits
- Vegetables
- Fresh or dried herbs
- Breads
- Cereals
- Grain products such as oats, flours, cornmeal, barley
- Dairy products
- Seeds and food producing plants
- Meats, Fish, and Poultry
- Baked goods (unless they are single-serve)
- Frozen or "heat-at-home" prepared foods (unless single-serve size)
- Spices
- Jams and jellies
- Honey
- Value-added products such as pickles or tomato sauce



### Not SNAP-Eligible

These items CANNOT be paid for using a Families First SNAP/EBT card.

- Any non-food items
- Pet foods
- Beer, wine, liquor, cigarettes, or tobacco
- Soaps, lotions, balms, or paper products
- Household supplies
- Vitamins, Medicines, or Supplements
- Single Serve food items of any type
- Hot prepared food items
- Cold prepared food items intended to be consumed at the time of purchase (ex. sandwiches)



Find the official SNAP-eligible food listing and guidelines at [fns.usda.gov/snap/eligible-food-items](https://fns.usda.gov/snap/eligible-food-items)



City Green's Good Food Bucks program is New Jersey's only statewide SNAP nutrition incentive program. For more resources and news, visit [www.GoodFoodBucks.com](http://www.GoodFoodBucks.com)



City Green, Inc.  
171 Grove St, Clifton NJ 07013  
[www.citygreenonline.org](http://www.citygreenonline.org)  
973.869.4086 | [info@city-green.org](mailto:info@city-green.org)